



Subject: invitation NierCheck population screening

Dear sir, madam,

You are invited to participate in the NierCheck trial for population screening. This research takes place in the municipality of Breda. For this, you receive a urine test, the NierCheck (Kidney Check). With the NierCheck you can test if you have too much protein in your urine. This can be a first sign of the development of kidney, heart and vascular diseases. The information in this letter and in the information brochure can help you decide whether you want to participate.

How to participate?

With the NierCheck we measure the amount of protein in your urine. If you participate, you collect a bit of urine at home with the NierCheck according to the enclosed instructions. You then send this test with the return envelope via mail to the laboratory. The amount of protein in your urine is measured here. You will receive the result of the test by post within 2 weeks. In this envelope you will find:

- the instructions for use for the urine test
- the urine test
- the return envelope

What if we find an increased amount of protein in your urine?

An increased amount of protein in the urine can be a sign of kidney damage, but there can also be other causes. If we find too much protein in your urine, you will receive an extra urine test. When we again find an increased amount of protein in your urine, you will receive an invitation for a follow-up screening. This screening takes place at the Amphia hospital in Breda. There, we will investigate whether you have an increased risk of kidney disease and cardiovascular disease.

Will my doctor get the results?

Only when you participate in the follow-up screening at the Amphia hospital, your doctor will receive your test results. All doctors in the municipality of Breda have received information about this study.

Can I participate for free?

The urine test is free. There are also no costs involved for the follow-up screening at the Amphia hospital. You may be referred to your doctor for treatment based on the results of the follow-up



screening. Possible costs of this treatment are not included in the NierCheck study, but fall under standard care. The costs of this treatment therefore fall under your health insurance policy.

Participating is voluntary

You decide whether you want to participate in the study. If you want to participate, you must give your permission. You can do this by filling in the form on the next page. You must send this form with the return envelope to the laboratory.

Do you have any questions?

If you want more information or if you have any questions, please visit our website, send us an e-mail, or call us:

- Website: www.niercheck.nl
- Email: niercheck@umcg.nl
- Telephone: 050 361 32 21 (available from Monday to Thursday from 9:00 AM to 12:00 PM)

Kind regards,

Dr. Ronald van Etten, Nier-arts, Amphia Ziekenhuis

Drs. Birgitte Evers, huisarts, huisartsenpraktijk Tholos, Zevenbergen

Prof. Ron Gansevoort, Nier-arts, Universitair Medisch Centrum Groningen

Consent form

for participation in the NierCheck study

By signing this form, I agree with my participation in the NierCheck study. I also confirm that I:

- Have understood the information about the NierCheck test.
- Have taken enough time to decide if I want to participate.
- Know that participation in the research is voluntary.
- Give permission for the collection and use of my data in the manner and for the purposes stated in the information brochure.